

**Amendments to Bylaws**

Minimum number of Directors decreased to *five*. Clarified *Supporters* and role of *Treasurer*

**Finances** [Mar 13, 2015]

*Arrived at a new peak: \$72K+*

- \$1,846 [TD Checking] + \$70K CapOne Savings + \$166 [Spark Checking]
- *AmazonSmile*: applied/accepted; link posted on Newsletter (Announcement) page
- Need to renew our annual nonprofit registration with the State of Maine by June [\$35]
- First round of *Spread the Work* grants mailed out [\$350 x 3 = \$1,050]

**Membership** [Mar 13, 2015]

92 (pre Jan 1st) + 44 = 136      \$8,215 + \$3,480 = \$11,695  
– 2015 Directory posted for download on FMI website Membership page

**Affiliations** [International Alliance of Healthcare Educators]

Cathy to contact Ann Harman, who has worked with IAHE      <http://iahe.com/>

**CEUs**

- FMI is not currently issuing CEUs; some individual teacher / trainers can issue CEUs
- Company for PTs: Federation of State Boards of Physical Therapy      [www.fsbpt.org](http://www.fsbpt.org)
- Ann Chan to help us apply as a CE provider for [ncbtmb.org](http://ncbtmb.org) (\$500 fee for 3 years)

**Manuals**

- Replacement cost for lost manual: 50%
- Manuals in low inventory are being reprinted

**Certification Committee**

- Certificate design under revision
- *Principles* (formerly *Disclosures*) and the *Universal MOU* posted in FMI Members Area
- Marcia drafted *Waiver* and *Release* Forms for MI instructors' use
- Certification Training Hours for *Mindful Eating* and *Solutions* both under review
- Required Certificate Training Hours need to be made clear to organizers & trainees
- Trainer Training attendees grandfathered to Solutions Part 1 after reviewing new DVDs
- Those with *Mindful Eating* Mentor certificates are also grandfathered from more hours
- Ruthy hopes to complete *Trainer Training* curriculum before her summer travels

**Trainings**

Ruthy's five-year vision is that FMI will become the organizer for her North American trainings; but Ruthy also plans to reduce the number of trainings she leads.  
It's still too early to consider another Senior Trainer training; we need to grow *Teachers* now.  
We also need to monitor the growth of next-generation Trainer Trainings, led by Senior Trainers.

**Ruthy's 2015/2016 North American Trainings**

- New York City: October 30 – November 2, MI Solutions Part 2
- Berkeley, California: November 9–12, MI Solutions Part 2
- 2016: Complete Basic Solutions Program, and Didactic (or part thereof)

**Projects**

- Marcia (Chair) & Anna received and approved three *Spread the Work* 2015 grants: \$3,000 total for Cathy Wright, Deborah Lotus and Tina Mahacek
- Cathy Lidster is volunteering to be on the **2016 MI Conference** committee. Different formats under consideration, including online *Summit* to encourage attendance of both community and public. BonesForum call for more involvement is forthcoming
- Draft agreement with Ruthy is under review re: certification process, materials for sale
- Subjective research idea: to use same survey(s) used for UNH's published WFL study

**Website / Database**

- Website makeover on-hold while we investigate costs, and consider our 5-year plan
- Database replacement expected by mid-April

**Conferences to Consider** [Ruthy to present]

- Online *Mindful Eating Summit*      <http://www.mindfuleatingsummit.com/>
- *National Walking Summit* [Oct 28-30]. Application submitted, response in April